

HOW THE FORTEE PROJECT IMPACTED ON PRECISION-BASED EXERCISE PERCEPTION AT ISTITUTO NAZIONALE TUMORI

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Background



Precision-based exercise (PEX) is still not routinely considered part of standard care



FORTEE europ was launched to promote a more consistent integration of PEX into clinical practice

Methods

17 semi-structured interviews



Results

“Since the launch of FORTEE, we have been able to integrate an exercise physiologist as a permanent member of the team”

“If FORTEE confirms positive results, PEX should become part of routine care for all patients”

“Thanks to FORTEE, we secured funding to improve PEX implementation”

Take-home messages:

A dedicated exercise physiologist is essential for the delivery of PEX



Implementing PEX requires dedicated funding, such as that provided through FORTEE



PEX has the potential to become an integral part of pediatric oncology care.

