



## **FORTEe**

**An exercise intervention for children and adolescents undergoing anti-cancer treatment**

**H2020 – 945153**

# **D6.3 Project brochure and professional templates**

WP Leader: Veronika Picmanova (07 concentris)

Authors: Veronika Picmanova (07 concentris)

Version V1

Due date of deliverable 30/11/2021

Actual submission date 30/11/2021

Dissemination level Public

## Abbreviations

|           |                    |
|-----------|--------------------|
| <b>EU</b> | European Union     |
| <b>GA</b> | General Assembly   |
| <b>SC</b> | Steering Committee |

## Executive Summary

A **web and print version** of the FORTEe **project brochure** was established on 23<sup>rd</sup> November 2021. Both versions can be [downloaded](#) on the Patients & Public section in the download area on the FORTEe website.

The professional **power point templates** were established on 1<sup>st</sup> March 2021 and can be [downloaded](#) from KEYWAYS.

A template for a **letterhead** was established on 1<sup>st</sup> March and can be [downloaded](#) from KEYWAYS.

In the following report you can find details on the project brochure and the professional templates.

**Table of Contents**

**1 Deliverable report..... 4**

    1.1 The project brochure..... 4

    1.2 Professional templates..... 7

**2 Acknowledgement and Disclaimer ..... 11**

## 1 Deliverable report

### 1.1 The project brochure

The professionally designed **project brochure** explains the most important facts of FORTEe for experts and laymen, and raises awareness of the clinical study and the benefits of its output for patients and the general public ([Figure 01 and 02](#)).

The project brochure will be handed out at professional conferences as well as patients & laymen events.

## OUR GOALS

- Conduct world's largest, randomised and controlled FORTEe clinical trial
- Evaluate the personalised and standardised exercise interventions
- Create high evidence for an innovative, patient-centred exercise treatment
- Use digital, innovative technologies to create effective, age-adapted and personalised exercise trainings
- Pool and connect the leading expertise on a European level
- Promote exercise oncology and stimulate translational research
- Implement paediatric exercise oncology as an evidence-based standard in clinical care for all childhood cancer patients across the EU and beyond

During cancer treatment, a vicious circle of increasing physical inactivity is often observed. The cause: Treatment-disease related and psychosocial factors. In adult cancer patients, specific exercise training has revealed positive effects on cancer-related fatigue, health-related quality of life, pain or complication rate during anti-cancer treatment.

But what about childhood cancer patients? Until now, precision exercise training has not yet been part of standard care in paediatric oncology and does therefore not reach most young patients.

The overall goal of the FORTEe project is to create high evidence for the use of precision exercise interventions in paediatric oncology in order to generate meaningful advances in clinical care for children and adolescents with cancer. Hence, the FORTEe partners will conduct a clinical trial in childhood cancer patients from 4 to 21 years of age during anti-cancer treatment. This aims to enable future access to adapted exercise training to children with cancer all over the EU.

Cancer is the first leading cause of death from non-communicable diseases in children in Europe. Patients' morbidity increases during cancer treatment due to physical inactivity, cancer-related fatigue, and reduced health-related quality of life. Specifically, adapted exercise training achieved remarkable effects

on successful cancer treatment in adults with cancer. A similar effect has not been clearly demonstrated in children and adolescents yet. This is where FORTEe steps in to promote exercise therapy, which aims to make young patients stronger for fighting childhood cancer.

Improve Quality of Life of children with cancer through exercise and innovative therapy

## OUR VISION

## PATIENT INFO

Figure 01: Project brochure inside

## PARTNERS

FORTEe is an international research project, that brings together 16 institutions from 8 European countries.



Principal Coordinating Investigator and Scientific Coordinator

## FORTEE IN A NUTSHELL

|  |  |
|--|--|
| Full project title   | Get strong to fight childhood cancer: an exercise intervention for children and adolescents undergoing anti-cancer treatment |
| Start date   | 1 <sup>st</sup> March 2021   |
| Duration   | 5 ½ years  |
| Participants   | 16 institutions from 8 countries   |
| EC funding   | 6.29 million €   |
| Principal coordinating investigator                        | Univ. Prof. Dr. med. Jörg Faber  |
| Scientific coordinators and deputy principal investigators | Dr. Sportwiss. Sandra Stössel<br>Dr. med. Marie A. Neu   |
| Project management   | concentris research management gmbh<br>info@fortee-project.eu  |
| Project website  | <a href="http://fortee-project.eu">fortee-project.eu</a>   |



Follow FORTEe on social media



### Get strong to fight childhood cancer

An exercise intervention for children and adolescents undergoing anti-cancer treatment



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.

Figure 02: Project brochure outside

## 1.2 Professional templates

The **power point templates** will be used with all FORTEe SC -and GA-meetings, as well as with presentations regarding FORTEe (Figure 03 - 07).



### Placeholder for a headline.

Insert content here ...

#### A bullet list:

- Lorem ipsum dolor sit amet, consectetur adipiscing elit
  - Aenean commodo ligula eget dolor cum sociis natoque penatibus
- Et magnis dis parturient montes

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.



Figure 03: Power point template main slide



### Placeholder for a headline.

Insert content here ...

#### A bullet list:

- Lorem ipsum dolor sit amet, consectetur adipiscing elit
  - Aenean commodo ligula eget dolor cum sociis natoque penatibus
- Et magnis dis parturient montes

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.



Figure 04: Power point template with bullet list



### FORTEe colour palette



**Dunkelblau**  
0 R 50 G 110 B



**Blau**  
0 R 180 G 220 B



**Gelb**  
255 R 220 G 0 B

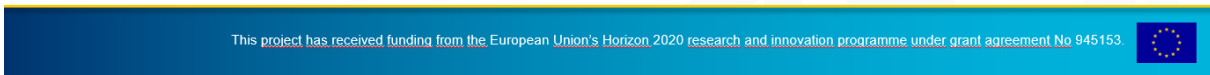


Figure 05: Power point template with FORTEe colour palette

### FORTEe table layout

| Table Header |  |  |
|--------------|--|--|
| Body content |  |  |
|              |  |  |
|              |  |  |
|              |  |  |
|              |  |  |

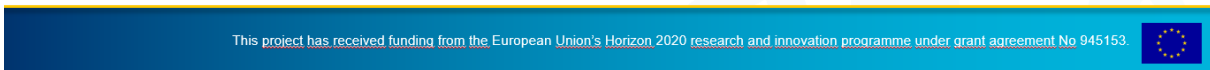


Figure 06: Power point template with FORTEe table layout

**Blank page for images and / or illustrations**



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.



**Figure 07:** Power point template with blank page for images and / or illustrations

The **letterhead** will be used for correspondence with the EU by post and the template is available on KEYWAYS ([download](#)).



UNIVERSITÄTSMEDIZIN  
DER JOHANNES GUTENBERG-UNIVERSITÄT MAINZ  
Langenbeckstraße 1 | 55131 Mainz | Germany

info@fortee-project.eu  
www.fortee-project.eu

First name, last name  
Institution

Place, date

Dear [first name],

Text

...

Best regards,

Project Management  
concentris research management gmbh  
Fürstenfeldbruck, Germany  
Phone: +49 (0) 8141 6252 8570



Principal Coordinating Investigator  
Univ.-Prof. Dr. med. Jörg Faber  
Universitätsmedizin der Johannes Gutenberg-Universität Mainz (UMC-Mainz)  
Mainz, Germany

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.



Figure 08: Letterhead

---

## 2 Acknowledgement and Disclaimer

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 945153.

This report reflects only the author's view and the Commission is not responsible for any use that may be made of the information it contains.